

# Our expanded carrier genetic screening package

## A valuable reproductive planning tool

Most individuals carry pathogenic variants in genes that can be responsible for severe conditions, and the absence of a family history does not eliminate this risk.

The majority of individuals at risk do not have a family member with a diagnosis. Expanded carrier screening provides access to options for managing reproductive risk, particularly when carried out before conception.

Testing can be done for all couples or individuals who

- are planning a pregnancy
- are in the fertility process
- are using a gamete donor



## An easier process for you and your patients



### ONLINE ACCESS TO THE TEST HERE \*without prescription\*

Patients can order their test directly via our website



### BILINGUAL EXPLANATORY WEBINAR

Explanation of the process, test, type of results, limitations, and support for consent



### SALIVA COLLECTION AT HOME

A kit will be sent to patients, who will then mail the sample collected to the laboratory



### LABORATORY GENETIC ANALYSIS

The test will be carried out in a partner laboratory which will provide the results in 3 to 4 weeks



### POST-TEST GENETIC COUNSELLING

Results will be disclosed during a telehealth consultation with a genetic counsellor



### RESULTS INTERPRETATION REPORT

In addition to their results, your patients will receive a personalized report to ensure continuity of care

## Reliable testing performed by an established clinical laboratory

### The panel includes up to 569 recessive or X-linked genetic conditions

Panel design includes all pan-ethnic conditions included in most existing guidelines as well as severe conditions for which clinical management could be facilitated by early diagnosis.

#### Examples of tested conditions

*Cystic fibrosis, spinal muscular atrophy, Fragile X syndrome, Duchenne muscular dystrophy, hemoglobinopathies, genetic conditions common in individuals of French Canadian or Ashkenazi Jewish origin, etc.*

[List of genes tested available here](#)

#### The laboratory analysis

A next-generation sequencing (NGS) approach to which targeted reflex testing is added when relevant, particularly Sanger sequencing, Southern Blot, MLPA, etc.

- Detection of nucleotide polymorphism in the SMN1 gene associated with spinal muscular atrophy
- Complete sequencing of the CFTR gene associated with cystic fibrosis
- Molecular confirmation of hemoglobinopathies detected by complete blood count and hemoglobin electrophoresis
- Identification of AGG interruptions within CGG repeats in the FMR1 gene associated with Fragile X syndrome for females